

Your Summary Care Record (SCR) is all we need



An NHS Summary Care Record is a short summary of your GP medical records. It includes diagnosis, medications and allergies.

It should include everything we need to verify your application and confirm you qualify for **medical cannabis** treatment.

There are two ways to get your SCR: we can request it, or you can.

OPTION 1: WE REQUEST IT

If your GP is based in England, we can retrieve your evidence for you. This is the quickest and easiest option to start your medical cannabis treatment.

Step 1: [Click this link.](#)

Step 2: After logging in, you'll be asked if you're happy to share your NHS data with us. Click agree to share - this is what gives us permission to access NHS-held records on your behalf.

Step 3: Next you'll need to complete a short form confirming your phone number, address and sex.

Step 4: Finally, you need to confirm that you're happy for us to access your SCR. This is the most important clinical consent step.

Step 5: After consent, your SCR becomes visible to our clinical team for review. Keep in mind, some GP practices may block SCR sharing. In this case, you'll be instructed to contact your GP directly to enable record access, as this is a GP setting.

3 Things you should know

1

Your privacy is very important to us, so we use a trusted secure platform. Here are some helpful [videos](#) if you'd like a little more information.

2

We can only get your SCR if your GP is registered in England.

3

If your GP is registered outside of England, or you'd rather get your SCR yourself/already have a copy, check out option 2 below.

OPTION 2: YOU REQUEST IT

Simply phone up your GP receptionist. Ask them to email you a copy of your Summary Care Record*. Some GPs may want you to email them. This is fine too. Then email the digital copy to hello@alternaleaf.co.uk

Below is a template you can copy and paste. [Click here](#) to send it as an email now. Or, you can use it as a script:

New Message

To

Subject Requesting a Copy of my Summary Care Record

Dear [GP Service],

I'd like a copy of my Summary Care Record for a private healthcare appointment. Please make sure it includes my diagnosis and past treatments offered. If possible, email me the records in a PDF format.

My name is [Your Full Name]. My date of birth is [Your DOB]. My GP is [Your GP].

Thank you,
[Your Name]
[Your Email and Phone Number]

Send

Make sure you request a **summary and not your full medical record history.*

3 Things you should know

1

Your GP surgery has to provide your SCR within **28 days.**

2

You don't need to ask their permission. Just say it's for a **private appointment.**

3

You don't need a GP appointment. The **receptionist** can provide this information for you.